

All About Me

My birthday is:
My family comes from:
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What is your child's usual daily routine? (meal times, sleep times if applicable)

Does your child have a sleep and if so, how many sleeps per day and how do you know your child is ready for a sleep?

How does your child like to sleep? (on their back or side, with a special blanket or cuddly, to be woken after a certain time period)

What routine do you follow to let your child know that it is time for sleep?

Does you child have any food allergies, favourite foods or dislikes?

What cues/signals does your child give you when they are ready for food or milk? (If eating solids and drinking milk, which order would they normally have these?)

What is your mealtime routine when you are at home and what choices are given when eating?

Do you consider your child to be capable of drinking from an open cup/glass?











When your child is upset or tired, what strategies do you use to comfort or reassure them?

Does your child have a special object which could act as a friendly reminder of home (cuddly/special blanket?)

What is the nappy changing routine at home? What is your child's preferred position while being changed or dressed? (If applicable)

Does your child have any medical needs?

In what ways does your child communicate any other particular needs, wants or desires to you?

Is there any further information or any other aspects of your family's culture that you would like us to know about so we have a better understanding of your child's life at home? (special interests, fears, special words, etc)

Is there any other needs or useful information your teachers need to know?

We are so happy and excited to have you with us. Thank-you for this information as it assists us in creating a consistent environment where your child's sense of belonging is catered for.





